

Sickle Cell Anemia Action Plan

Student Name:	Dat	te of Birth:	
School:	School Year:	G	Grade:
Allergies:	Teacher:		
Parent/Guardian (1):	Phone:		
Parent/Guardian (2):	Phone:		
Emergency Contact (1):		Phone:	
Emergency Contact (2):	Relationship	Phone:	
	Relationship		
Physician treating Sickle Cell: Other Physician:	Phone: Phone:		·····

Emergency Plan: (Fill in blanks, cross out and initial any steps not needed for your

student) 1. Early Warning Signs of Crisis:

- Joint pain, swelling or warmth in joint
- Fatigue
- Fever (over 101)
- Headache
- Onset of pale color (pale fingernail beds, tissue around eyes)
- Other: __
- 2. Steps to take if early warning signs occur:
 - Allow to rest
 - Encourage fluids
 - Contact parent/guardian
 - Other: ____

3. Emergency action is necessary when the student has symptoms such as: • Severe generalized pain

- Severe headache
- One sided weakness, slurred speech
- Abnormal behavior
- Difficulty waking up, listless
- Sudden significant cough
- Abdominal swelling, abdominal pain
- Other: _
- 4. Steps to take during a Sickle Cell crisis:
 - Contact parent/guardian
 - Encourage fluids, if alert
 - Call 911 and transport to _____ Hospital
 - Other: _

Daily Management Plan:

1. Does your child wear a "Medic Alert" bracelet? YES or NO

2. List Medications:

	Name Amount
Frequency	
Name Amount Frequency	
	Name Amount Frequency
3. Does your child take any medication for page	ain? YES or NO
	Name Amount
	Frequency
4. Are there activities that you child CANNO	<u>T</u> participate in?
-	
5. Are there activities that bring on a pain cri	sis? Please describe:
_	
-	
-	
6. Has your child ever been hospitalized? If	so, when/why?
-	
-	
-	
form must be completed for each medicati	n at school, a Moore Public Schools Medication Consei on, and the form must be signed by the parent/guardiai e treating physician.
Parent/Guardian Signature:	Date:
School Nurse Signature:	Date:

School Nurse Signature:

Individual Health Plan (IHP):

Nursing Diagnosis 1:

Risk for peripheral neurovascular dysfunction related to sickle cell crisis Goals:

The student will attain and maintain adequate hydration. The student will assist in preventing/decreasing the number of painful sickle cell events. The student will assist in developing and implementing an action plan, including an emergency care plan for life threatening symptoms. The student will participate in regular school/class activities, including physical education, with modifications made as necessary. Nursing Interventions:

Discuss with the student: - Importance of participating in class activities and physical education as much as possible -Importance of advising adult of overexertion from activity intolerance -Importance of advising adult of heat or cold intolerance due to thermoregulation problems - Responsibilities for fluid intake and appropriate use of restroom privileges - Symptoms that he/she should report to appropriate adult for further. Expected Outcomes:

The student will recognize his/her warning signs of a sickle cell event and stop activity. The student and staff will be knowledgeable about precautions and activities to avoid. Student and staff will be aware of required fluids and reasons for them. The student will maintain adequate hydration as defined in the prescribed health maintenance plan.

Nursing Diagnosis 2:

Deficient knowledge related to cause, treatment, and diagnosis of sickle cell disease

Goals:

The student will assist in preventing/decreasing the number of painful sickle cell events. The student will demonstrate age-appropriate knowledge of diagnosis, symptoms, prescribed interventions, and medication.

Nursing Interventions:

Provide health education opportunities for student and staff related to: - What is sickle cell disease - How is sickle cell transmitted - What are signs and symptoms of sickle cell disease - What can be done to reduce the risk of some of these problems - What to do when symptoms occur <u>Expected</u> <u>Outcomes</u>:

The student will define what sickle cell disease is (at a developmentally appropriate level). The student will list his/her risk factors. The student will list his/her warning signs of a sickle cell event. 3/2021